

WAVE SAFETY



Most wave injuries occur when waders are knocked to the sand by a wave!



DANGEROUS
SHOREBREAK

Understand the Surf Conditions

- Ask beach patrol if present waves are dangerous
- The ocean is variable and conditions can change throughout the day
- Local weather is not a sufficient indicator of wave conditions
- Talk to your children about wave and ocean safety
- When in doubt, do not go out



Enjoy your day in the water by taking safety precautions and understanding the power of the ocean.

Safety Precautions

- Always swim near a lifeguard stand
- Keep arms in front of you while bodysurfing
- Do not dive into water of unknown depth
- Exit water between waves
- Do not turn your back on the ocean without awareness of approaching waves